Reach
Your
Peak

Your itinerary

Difficulty - Moderate. We will be walking between 10km –15km a day (approx 4-8hrs walking per day) on terrain that is sometimes steep and uneven.

Accommodation - A mixture of riads / guesthouses and tented accommodation. Meals will be provided.

3 Days - Berber villages & valleys

3 Days Hiking the High Atlas Mountains. During your Berber Village & Valleys experience you will spend 3 days with the Berber people of the High Atlas Mountains.

The Berber people are an ancient people who predate the arrival of the Arabs and Islam in Morocco. Their lifestyle has grown in harmony with their beautiful, but stark environment. Your Berber experience starts in the beautiful Imnan Valley, with its terraces and small towns set into the hillsides.

Following the gorges to the Tacht Pass (220m) you will spend your days travelling through the red villages of Imsker, eventually reaching the wonderful Azzenden Valley, covered with snow and facing the mighty Atlas Mountain chain. The amazing Tamsoult waterfall will give you great photo opportunities, before you head back to Imlil, where you will either transfer back to Marrakech or join us for a celebration & see the work you have helped fund in Taroudant.

Day 1: Marrakech- Imlil Valley - Imnane Valley
Transfer from the airport or your hotel in Marrakech to Imlil in the heart

of the High Atlas Mountains. Here you will meet your trekking team and enjoy some famous Moroccan mint tea. Then the journey begins by hiking to Tachdert via the Tizi n'Tamatert Pass. You will hike through the small village of Tamatert and stop to have lunch under the pine trees. After lunch we will continue to Tinghrin Village where we will overnight.

Day 2: Tinghrin Village - Imlil River - Matat Village - Azzaden Valley
HIke down the valley and cross the Imnan River on your way to the Tizi n'Ogrsioual Pass. We will stop for lunch in Matate before continuing to Ait Aissa where we will overnight in a local gite with a beautiful view of the Azzaden Valley.

Day 3: Tizi Oussem Village - Tizi Mzik Pass- Imlil Valley

Departing from Ait Aissa we head back to Imlil via Tizi Oussem and Tizi Mzik, enjoying amazing views of Imlil Valley and Toubkal Massif along the way.
From there we will head back to Marrakech or join us in Taroudant for a celebration and special opportunity to see the work you have helped to fund.

4 Days - High Atlas Villages & Valleys

Your Berber experience starts in the beautiful Imnan Valley, with its terraces and small towns set into the hillsides. Following the gorges to the Tacht Pass (220 m altitude) you will spend your days travelling through the red villages of Imsker, eventually reaching the wonderful Azzenden Valley, covered with snow and facing the mighty Atlas Mountain chain. The amazing Tamsoult waterfall will give you great photo opportunities before you head back to Imlil. From there we will head back to Marrakech or join us in Taroudant for a celebration and special opportunity to see the work you have helped to fund.

Itinerary:

Day 1: Marrakech - Imlil Valley - Imnane Valley

Transfer from the airport or your hotel in Marrakech to Imlil - the starting point of our journey into the heart of the High Atlas mountains. In Imlil (1740 m altitude) you will meet your trekking team and enjoy some famous Moroccan mint tea and hospitality. You will walk to Tachdert (2300 m altitude) via the Tizi n'Tamatert Pass (2280 m altitude), and spend the night in a local gite.

Day 2: Tacheddirt - Imsker

Hike from Tacheddirt to Imsker (1600 m altitude) down the Imnan Valley, crossing a few Berber villages along the way. We start at Ounskra then travel to Tinghrin, Ikkis, Amsakro and Arg before we reach Imsker where we will overnight. Enjoy an alfresco lunch under walnut trees.

Day 3: Imsker - Tizi Oussem

Hike from Imsker to Tizi Oussem via Tizi n'Lbour (1500 m altitude) and cross the Imlil Valley in Imi Oughlad before ascending the Tizi n'Tacht

TREK TOUBKAL

JUNE & SEPTEMBER 2016

"I'd do it again in a heartbeat"

"It was the most incredible sense of achievement"

Help Build a Brighter Future for vulnerable Children in Morocco

"One of the most extraordinary and rewarding experiences of my life"

"I experienced things I never thought I would"

MOROCCAN CHILDREN'S TRUST

Pass (2000 m altitude). Enjoy your lunch under juniper trees before crossing Azzaden Valley and reaching Tizi Oussem where you will overnight. Enjoy the beautiful views of Azzaden Valley.

Day 4: Tizi Oussem - Tizi Mzik Pass - Imlil Valley
After a hearty Berber breakfast, your guide will lead you to the Tamsoult Waterfalls where you can explore the amazing view before returning to Tizi Mzikfor lunch overlooking the beautiful Imlil Valley and high peaks of the Atlas Mountains. After lunch you will return to Imlil, where you will either transfer back to Marrakech or join us for a celebration & see the work you have helped fund in Taroudant.

"The trek was honestly one of the most extraordinary and rewarding experiences of my life. I made friends for life and experienced things I never thought I would. It's a challenge but you see the most beautiful things and gain an experience of Morocco that is more than worth it! To do all of this whilst raising money for an amazing charity only made the experience better. You will not regret signing up for this." Ruth McConkey

5 Days - The Real Deal

Day 1 : Marrakech - Imi Oughlad - Azzaden Valley
Our driver will pick you up from where you are staying in Marrakech and take you in 1hr 30mins to Imi Oughlad, the starting point of your trek. After some famous mint tea, your guide will discuss with you the map of the area before you start to walk to Tizintacht (1800m) over a pass. You will pass through the Berber village of Aitlhcen and juniper trees, stopping half way for lunch, before you get to Azzand valley, one of the best valleys in the Atlas mountains. The walk will be approximately 6 hours. You will stay in the last village in the valley, where you'll enjoy a clear sky and stars from a local house.

Day 2 : Azzaden Valley - Tizi Mzik Pass 2489 m - Imlil Valley 1740m
After a warm breakfast, your guide will take you to the waterfalls before you come back for lunch at Mzik Pass. The pass offers amazing views of the Atlas and Toubkal. After lunch continue to Tamatert village. There you'll have the opportunity to explore the small village of Imlil, where you will stay in a guesthouse after approximately 6 hours of walking.

Day 3 : Imlil Valley - Refuge du toubkal 3207m
After breakfast in Tamatert you will go up the Mizan valley, via Armed village and Shamharouch, for a slightly longer day. Arrive at the Toubkal hut (3207m) for overnight. After approximately 7 hours of walking you will feel like you can almost touch the stars.

Day 4 : Refuge Toubkal - Summit 4167m - Refuge 3207m
In the early morning, climb to the summit of Jebel Toukbal, the highest peak in northern Africa. The route takes us up the south cirque, crossing the stream above the refuge. The walk is relatively straightforward, however the altitude may make the trekking difficult in parts.

The views along the way will make the journey more than worth it. When you reach the summit you will see breathtaking vistas across the surrounding landscape in every direction, from the Marrakech plain to the High Atlas in the north, and as far south as the Anti-Atlas and the Sahara. You will retrace your steps back down the mountain to the Toubkal refuge, where you will again spend the night.

Day 5 : Refuge du Toubkal - Imlil Valley 1740m - Marrakech
After a warm breakfast you will walk back down to Imlil where you will meet your driver who will take you back to Marrakech. There, you will either transfer back to Marrakech or join us for a celebration & see the work you have helped fund in Taroudant.

"It was a great way to see a country from a different perspective. I will always remember getting to the end of the first day of trekking (a long and difficult day!) to our accommodation, an auberge on the top of a high mountain. We stood on the roof and looked back over the valleys and mountains from where we'd come...it was the most incredible sense of achievement. I'd do it again in a heartbeat."

Alistair McConkey

Rachid's* Story

By completing this amazing challenge you are helping people like Rachid*.

Rachid was born into a chaotic family. His grandfather was violent, abused drugs and was involved in criminal activity, and his mother left home to become a prostitute in Marrakech, where she gave birth to Rachid. Rachid grew up in an impoverished and dangerous environment.

His mother was unable to cope alone with an illegitimate child so left him with his grandfather in Taroudannt. Subject to the same abuse that his mother had experienced growing up, Rachid began to spend more and more time on the streets. There he experienced terrible hardship and trauma, including sexual and physical abuse, eventually leading him to seek refuge at Centre Amane.

Since then we have been working with Rachid to help him overcome the trauma he has experienced. He has received specialist health and psychological care, and our social workers have been supporting him to break free from the cycle of poverty and abuse. We have helped to give Rachid stability by facilitating his integration into his aunt's family. He is back at school and now comes regularly to our school support classes. Our team is working with the local authorities to obtain identification documents to make sure that he has a right to healthcare, to further education and to apply for jobs. He is also a part of our mentoring project. He receives the support of a trained volunteer who meets him regularly to do positive activities together and build his self-esteem. With Rachid's natural resilience and our support, he is making positive steps towards a brighter future.

***Names have been changed and photos do not relate to case studies**

A child from Centre Amane with his mentor, giving him one to one support to meet his potential.

How it all works

The trek

3 Day Trek - Total Cost of Trek £593
£193 Plus £400 to Charity (Minimum Sponsorship)
4 Day Trek - Total Cost of Trek £717
£217 Plus £500 to Charity (Minimum Sponsorship)
5 Day Trek - Total Cost of Trek £848
£248 Plus £600 to Charity (Minimum Sponsorship)
All transfers, Accommodation including 1 night stay in Marrakech, use of guides, muleteers & mules throughout the trek, English speaking Guide & All meals.
Flight Costs Are Not Included to allow for flexibility around you.

Support every step of the way

Our Fundraising & Marketing Manager will support you in your training and give you all the tools you need to succeed in meeting your fundraising target.
We organise a team meet-up before the Trek for you all to get to know one another & learn more about the Moroccan Children's Trust.

Volunteer at our centre

New for 2016! See exactly where your money's going and how your amazing support will help children in Morocco - Following their Trek, we are offering all trekkers the exciting opportunity to undertake a volunteership at Centre Amane - If you're interested in adding this to your trip our Fundraising & Marketing Manager & our team will support you to plan a project. The cost is just £30 a night.

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